

Core 16th note strumming patterns

4

In this example, I'll show the guitar rhythm using the chords from the video, and below that, I'll write out the rhythm as a drum pattern. I find it easier to understand the rhythm this way rather than seeing it written out within the chords.

Pattern 1

The figure illustrates the experimental design. The top part shows a 10x grid of stimuli (0, 2, 3) with arrows indicating the sequence of stimuli. The bottom part shows a 10x grid of stimuli (0, 2, 3) with arrows indicating the sequence of stimuli.

Pattern 2

Pattern 3a

3b

The figure illustrates the experimental design. The top part shows a 6x10 grid of stimuli. Each stimulus is a 6x10 grid of characters (3, 0, 2, 3) with arrows indicating the sequence of presentation. The bottom part shows a timeline of the experiment, including a 10x block of stimuli and a 10x block of responses.

Pattern 4

6

10x

6

10x

Pattern 5

The diagram illustrates a 10x guitar exercise. The top part shows a fretboard with six strings and frets 1 through 10. Arrows indicate fingerings: downstrokes (↓) and upstrokes (↑). The fretboard is divided into four measures, each containing a sequence of notes. The notes are: 1e+, a, 2, e, +a, 3, e, +, a, 4, e, +, a. The bottom part shows the musical notation for this exercise, with a key signature of one sharp (F#) and a 10x repeat sign. A tie is shown between the notes 'a' and '2'.

My core go to pattern (upbeat)

My core go to pattern (softer)

9

10x

1 e + a 2 e + a 3 e + a 4 e + a

My core go to pattern (softer) Variation

10

↓ ↓ ↑ ↑ ↓ ↓ ↑ ↓ ↑ ↓

10x

1 e + a 2 e + a 3 e + a 4 e + a

10x